HEALTHY HAPPY ATTITUDES

Harrietstown Housing Authority www.harrietstownha.org

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Sarah's News

It's very exciting that the New Year is bringing a New Face to the Lake Flower Apartments. In 2020, the Lake Flower Apartments' façade will be renovated. Think of it as a facelift.

It's taken a lot of work to reach this point. The Housing Authority board and staff, the Town of Harrietstown, the U.S. Department of Housing & Urban Development (HUD), NYS Homes & Community Renewal (HCR), and the Housing Authority's architectural/ engineering design firm - all have played one or more roles.

The total project cost approximates \$2.1 million. Of this \$2.1 million, \$814,211 is coming from a U.S. HUD grant award, and \$500,000 is coming from a NYS HCR grant award. The Housing Authority also anticipates \$300,000 from the UNY EnergyWise Multifamily program. As for the Housing Authority, it will spend roughly \$490,000 of its own funds – perhaps a little more, perhaps a little less.

The contracts have been signed and meetings with involved partners will begin in the very near future. Work is slated to occur this spring/summer. If all goes well, the Lake Flower Apartments' new face will be complete in late July/early August.

So, what is going to happen? In general, where the façade's existing brick and concrete are failing, they will be made secure. The building will then be "wrapped" with a water resistant material. Finally, large insulated metal panels will be applied to building.

In the end, the building will be better insulated and better protected from wind-driven rains and snows.

When work starts, there will be a lot to watch. Reserve one of the park benches now for perfect viewing!



HHA BOARD OF COMMISSIONERS

Chairperson: Jim Connolly Allen Dunham Emily Fogarty Agnes "Liz" Latour Eugene O'Dell Dan Ruchkin HHA OFFICE HOURS

9:00am- 11:30am

And 1:00pm-3:30pm

After hours Emergency call number 518-923-1082

************ * * * 尜 Harrietstown Housing Authority **** . ※ EXECUTIVE DIRECTOR ** Sarah A. Clarkin HOUSING ASSISTANT Tammy Burdt 米 HOUSING CHOICE VOUCHER SPECIALIST * 尜 尜 RESIDENT SERVICES COORDINATOR ****** 尜 Irene Snyder 尜 FACILITIES MANAGER **David Siegrist** 米 MAINTENANCE STAFF 米 John Burns 米 Robert Mathers 米 ACCOUNT CLERK 米 Vacant ************

TID BITS FROM DAVID SIEGRIST

We are into the month of February but there is still plenty of winter weather ahead!

Winter Carnival is in full swing as well. Try to get out and enjoy some of the activities. The future weather forecast for the week looks like the palace won't have a total melt down as in years past. Yay!

We always face the challenge of securing human basic needs during cold weather. You know basic food, shelter, warmth, and of course, the internet. 5G is on the way!

But let us concentrate on staying warm. Our friends at the Algonquin apartments have to pay for their heat in the form of electricity. This, along with lights, heating water, and the internet, can add up to a very substantial bill!

So, what can they do to lower that bill a bit?

Start by making sure your front doors are closed as securely as possible. Keep all windows closed and window treatments will help keep the heat in.

Keep bedroom and bathroom doors closed and don't leave bathroom fans on all the time. That will suck all the heat out of the apartment in short order.

Keeping the heat downstairs can be a challenge. One way to combat that is to hang sheets or blankets at the bottom of the stairwell, blocking the heat from going up. Why heat the upstairs hallway when no one hangs out there? Maybe not the most attractive thing, but I personally do this at my home, and find saving money attractive.

Not really too much you can do when it comes to heating water for showers, etc., other than keeping them short for the next in line...unless you are mad at them.

Lake Flower residents have the luxury of not having to pay for their heat, but they can conserve as well by keeping the thermostat at a reasonable level. Don't waste electricity by keeping TV's on when not watching them, and turn out the lights when leaving your apartment.

The new façade treatment will help in retaining heat in the building, but that's still a ways out.

Remember money saved by the housing authority will help to pay for the community room free cable and the lobby free internet! And, probably some ice cream along the way.

29 days this month, so mark your calendars, and Beware the Ides of March!



RESIDENT NEWS AND ISSUES...By Tammy Burdt

Happy Winter Carnival! I hope everyone has a very happy, healthy, and safe carnival with their family and friends.

Lake Flower News: The annual recertifications are pretty much complete. I would like to thank everyone for their cooperation. We have new tenants in the building! I want to thank our maintenance crew for getting their apartments ready for occupancy. One tenant has moved out. We do have a couple more units that are vacant, but they will be undergoing an extensive amount of repair and cleaning before they are ready.

Algonquin News: A new family has moved into the Algonquin apartments this month, and one will be leaving. Another unit is under extensive repair and cleaning and will take some time before it is ready. Letters will be going out soon to the residents for their annual recertifications. Please respond to your letter in a timely manner. All recertifications must be completed by May 1, 2020. Start getting your paperwork together.

Office Hours: The office will be closed on Monday, February 17, 2020 for Presidents' Day.



WORK ORDERS

Please remember to call the office at

518-891-3050 option 3

For a work order.

This is the only way to schedule your

maintenance needs.



February could be a busy month if you let it. Of course, the Winter Carnival is the first week of the month—a schedule is near the mailroom—

The Activities Committee will offer a social on the 6th, a luncheon on the 12th, and an ice cream social on the 26th.

Cornell Cooperative Extension of Franklin County is holding a workshop each Thursday in February. The workshop will focus on eating healthy and becoming more active.

Be sure to watch the bulletin boards for upcoming activities and events.



Get the Newsletter Via E-Mail!

We encourage those with access to e-mail to sign up for e-mail delivery of the monthly newsletter. To sign up, send a quick e-mail to tburdt@harrietstownha.org. The newsletter is also available on the website: www.harrietstownha.org

EHRLICH PEST CONTROL INSPECTIONS

Notices of inspections will be distributed.

PLEASE BE ADVISED, IT WILL ALSO BE NOTED IF YOU ARE MAINTAINING YOUR APARTMENT IN A CLEAN, SAFE AND SANITARY CONDITION IN ACCORDANCE WITH YOUR LEASE.

ARE YOU A VICTIM OF UNWANTED TELEMARKETING CALLS?

CALL THE NATIONAL DO NOT CALL REGISTRY

1-888-382-1222



REMEMBER, YOU MUST CALL FROM YOUR PHONE IN ORDER TO BE PLACED ON THE DO NOT CALL REGISTRY LIST

February									
Sun	Mon	Tue	Wed	Thu	Fri	Sat			
						1			
Please pay your rent on time.									
2 GOBLER'S KNOB EARLY SPRING	3	4	5	6	7	8			
9 Full Moon	10	11 WIC 9AM	12	13	14	15			
16	17 PBESIDENTS DAY OFFICE CLOSED	18	19 HHA Board Meeting 4:00PM	20	21	22			
23	24	25 WIC 9AM	26	27	28	29			
	RED: ALGONQUIN COMMUNITY ROOM <u>PURPLE</u> : L.F. COMMUNITY ROOM <u>GREEN</u> : L.F. BOARD ROOM								

HAPPY HEALTHY ATTITUDES



The Harrietstown Housing Authority has apartments for rent in the Lake Flower High-rise and Algonquin Apartment Complex.

Additionally, we have a Housing Choice Voucher program that may assist you with your monthly rent in the community.

For additional information and to obtain an application please contact us at 518-891-3050 or stop by the office at 14 Kiwassa Road, Saranac Lake.

You may also go online at www.harrietstownha.org.

HAPPY HEALTHY ATTITUDES

Horoscopes

AQUARIUS January 19 - February 18

Your way of thinking could be erratic this month as innumerable thoughts and ideas will be coming to your mind and could be changing several times going on different Sources of inspiration directions. and genius could be received by you Responsibilities subconsciously. that don't belong to you could be thrown at you and they should be resolved at the workplace. Your highest beliefs an philosophical outlook could be challenged in an open and harmonious way; looking at things with a clear mind will be the best recourse

PISCES

February 18 - March 20

Behind the scenes, activities will be surrounding you this month that could bring some confusion to your inner feelings — privacy will be highly desired in order to assimilate and sort out your thoughts. Your shared sources of income are part of this picture, as activity in this area is increasing in a very favorable way. Illusion about your responsibilities with personal sources of income seems to be bothersome. A spark of creativity could alleviate these worries, bringing extra income throughout your work. **Jokes**

Q. What sound do porcupines make when they kiss?A. Ouch.

Q: What did the paper clip say to the magnet?

A: I find you very attractive.

Q: What did the boy bird say to the girl bird on Valentine's Day?

A: Let me call you Tweet heart!

Q: Why is lettuce the most loving vegetable?

A: Because it's all heart.

Q: What do squirrels give for Valentine's Day?

A: Forget-me-nuts.

Q. What did one volcano say to the other?

A. I lava you.

Q. What did the caveman give his wife on Valentine's Day?A. Ughs and kisses!

Q. Why did the boy put candy under his pillow?

A. Because he wanted sweet dreams.

Q. How did the telephone propose to his girlfriend?

A. He gave her a ring.

Q. What did one pickle say to the other?

A. You mean a great dill to me.

www.primarygames.com

www.yearly-horoscope.org

HAPPY HEALTHY ATTITUDES

Bed Bug Information Center

Where should you look?

- Mattress (piping, sides, underside)
- Box spring (remove ticking)
- Bed frame
- Linens
- Furniture seams, pleats, piping, joints
- Corners and drawers of desks, dressers, etc.
- Door, window, and baseboard trim
- Items on the floor

What should you look for?

- All life stages: eggs, nymphs, adults
- Skin casts
- Blood spots

How do you avoid them?

Carefully inspect all used furniture, linens, and clothing before bringing them into your home.

- Wash and dry clothes on hottest setting items can stand. Transport clothes in plastic bags. Do not put clean clothes in bags used to transport dirty clothes. Throw those away!
- Vacuum frequently.
- Remove clutter.

If possible, use a high powered flashlight when looking around your unit. If you find a bed bug, notify staff immediately. Staff and you will work together to prepare for any needed treatment. Don't delay. It's much easier to treat one or two than it is twenty or thirty. Again, successful eradication requires resident involvement and cooperation.

The sooner we know, the lower the cost to you.



WINTER CARNIVAL

М	A	Z	Р	L	Μ	X	V	Y	Q	Р	Z	F	V	Μ	
F	F	N	M	E	U	G	R	V	A	Р	L	M	0	G	
н	R	Р	E	С	G	A	U	R	A	0	R	G	L	R	
С	Q	Y	Z	С	U	A	A	Р	G	E	С	С	U	0	
Т	R	R	Р	R	A	D	S	С	Н	Р	K	J	N	Y	
А	B	С	B	A	E	L	Ι	U	U	Т	Ι	С	Т	A	
U	S	E	Μ	X	N	Т	A	B	S	Р	0	Q	E	L	
Q	F	H	С	M	С	Т	R	Р	V	H	X	V	E	Т	
S	S	B	Т	R	D	0	0	N	E	S	B	U	R	Y	
А	L	V	A	Y	0	Z	U	S	Y	С	M	W	S	U	
S	J	J	B	Μ	M	Z	0	Μ	S	V	I	S	N	Μ	
K	J	U	B	G	0	L	E	G	E	N	D	S	0	I	
Μ	Q	A	S	K	R	0	W	E	R	I	F	L	N	0	
0	L	Т	R	U	0	С	H	K	A	H	H	E	R	L	
L	Q	B	Q	E	W	D	A	J	0	U	H	Y	V	E	
AR	ARCTIC GOLF BROOMBALL									COURT					
DOONESBURY					F	FEBRUARY				FIREWORKS					
FRY PAN TOSS						ICE PALACE				LEGENDS					
MYTHS					P	PARADE				PEGASUS					
ROYALTY SASQUATCH VOLUNTEERS										8					

