

HEALTHY HAPPY ATTITUDES

Harrietstown Housing Authority

Volume 19 Issue 7

www.harrietstownha.org

July 2019

Sarah's News

The Housing Authority's Lake Flower and Algonquin apartments accommodate 113 households. With this relatively large number of households in close proximity to one another, conflict between households, while not frequent, does occur. Two primary sources of conflict are smoking and dogs.

Everyone knows smoking is not permitted on Housing Authority property. At the Lake Flower high rise, I've observed smokers do one of three things: (1) go across the street to the park; (2) stand on the sidewalk; or (3) go to the parking lot across Maple Hill Drive.

Smoke travels quite some distance and is easily detectable. With the warm weather here and with windows open, I respectfully ask smokers to keep these facts in mind and, to the extent possible, maximize your distance from the high rise.

On the topic of dogs, everyone also knows that dog owners are responsible for picking up after their dogs. At Lake Flower, the Housing Authority provides bags in front of the high rise. At Algonquin, dog owners are responsible for obtaining/using bags.

Cleaning up after one's dog is part of the Pet Policy. Specifically, Section 18.8 of the Pet Policy, in part, states, "Repeated substantiated complaints by neighbors or Harrietstown Housing Authority personnel regarding pets disturbing the peace of neighbors through noise, odor, animal waste, or other nuisance may result in the owner having to remove the pet or move him/herself." This also pertains to the Algonquin Apartment backyards; staff need to mow these areas. The Housing Authority will enforce this.

When off Housing Authority property, a Village ordinance requires dog owners to clean up after their pets. From the November 28, 2018 *Adirondack Daily Enterprise*:

"There's a local ordinance [sic] ... dogs defecate, and people are supposed to clean up after their dog," said Saranac Lake village police Chief Chuck Potthast.

"If indeed an officer sees somebody that has not cleaned up, we will approach the person and ask them to clean up. If they wouldn't do that in, in fact, then we would cite them."

I hope everyone, not just the smokers and dog owners, spends time outdoors this month. This is the weather we looked forward to in March, April, and, even May and June!

Enjoy!



HHA BOARD OF COMMISSIONERS

Chairperson: Jim Connolly
Dave Bauer
Allen Dunham
Emily Fogarty
Agnes "Liz" Latour
Eugene O'Dell
Dan Ruchkin

HHA OFFICE HOURS

9:00am- 11:30am

And 1:00pm—3:30pm

After hours

Emergency call
number

518-923-1082

* **Harrietstown Housing Authority** *
*
* EXECUTIVE DIRECTOR *
* Sarah A. Clarkin *
* HOUSING ASSISTANT *
* Tammy Burdt *
* HOUSING CHOICE VOUCHER SPECIALIST *
* RESIDENT SERVICES COORDINATOR *
* Irene Snyder *
* FACILITIES MANAGER *
* David Siegrist *
* MAINTENANCE STAFF *
* John Burns *
* Robert Mathers *
* ACCOUNT CLERK *
* Vacant *

TID BITS FROM DAVID SIEGRIST

School may be out for the summer, but we are going back to old school at the Lake Flower Apartments.

What do I mean by old school anyway?

It turns out that some of the old ways of doing things work out pretty well.

Well how does that apply to me as a tenant at the high-rise?

It has to do with air flow, or lack thereof, and the old friend in your apartment, the refrigerator.

The summer months are not so kind to our mostly non air-conditioned building.

The moist and humid summer air wreaks havoc with your refrigerator.

Each time you open the freezer or main compartment, this humid outside air is drawn into the unit. This moist air, makes its way to the cooling portion of the fridge, and is instantly turned into a nice frosty coating that keeps thing cold.

All is good, up to a point.

Why is my milk going bad, but my ice cream is like a rock?

A combination of three things is causing this strange dilemma.

- 1) The refrigerators here have very little space around them to dissipate the heat produced as a byproduct of the refrigeration process
- 2) The internal defrosting cycle of the unit is out of whack, or is not working at all.
- 3) I have too many frozen turkeys and pizzas in my freezer, and air cannot properly circulate.

Ok , so now what?

Well, if you haven't figured it out yet, we are going to harken back to a simpler time when granny had to manually defrost the refrigerator once or twice a year. The old school way.

If your fridge is having the described problem, maintenance will provide you with insulated boxes and reusable cold packs to place food items in; and, then, time will take it from there.

The unit will be powered off, doors opened, and towels placed on the floor, for any water that gets loose. Memories of grandma commence.

After a few hours, the process will be complete and the unit powered back up. The contents will be placed back in.

All is good with the world.

The beer will be cold, and the frozen pizza will soon be in the oven.

So, see you in six months. Have a nice day, and keep it cool. Just not, too cool.

RESIDENT NEWS AND ISSUES...By Tammy Burdt

Happy 4th of July! It's hard to believe that summer is upon us and it's already July. Hope you get the chance to enjoy the local parades and fireworks.

The first month as the new Housing Assistant has flown by. So much to learn and so much to do. Thank you to everyone for your patience as I settle into my new position.

The Lake Flower apartments has welcomed one new tenant as have the Algonquin apartments. Please welcome your new neighbors.

Now that school is out, please pay extra attention to the little ones running about. They don't always pay attention to where they are going!

Parents of the Algonquin apartments, please be aware of your children's activities outside the units. There have been several acts of vandalism on the property. You are responsible for your children's behavior in and on the property. If caught vandalizing, there will be consequences.

If you are a pet owner, please be sure to keep your yards and accompanying areas clear of dog waste. Please be respectful of your neighbors and the staff that have to mow your backyard.

Congratulations to all of the recent graduates. The Housing Authority wishes you the best in your future endeavors.

With the warmer weather finally arriving, please take a moment to get out and enjoy our community and what it has to offer, and I don't mean black flies, mosquitoes, and ticks.

Have a wonderful and safe 4th of July!! 🐕



WORK ORDERS

Please remember to call the office at

518-891-3050 option 3

For a work order.

**This is the only way to schedule your
maintenance needs.**

IRENE'S THOUGHTS

hello, July!



The summer we've all been hoping for is here! It's best to do your walks in the morning or evening to avoid the midday heat. Just get outside and move a little.

The Activities Committee will be hosting a Fourth of July Picnic at 5 pm and an ice cream social in July. Please come and enjoy your friends and neighbors.



**"Forget all the
reasons why
it won't work
and believe
the one
reason why
it will."**

Unknown



Get the Newsletter Via E-Mail!

We encourage those with access to e-mail to sign up for e-mail delivery of the monthly newsletter. To sign up, send a quick e-mail to tburdt@harriestownha.org. The newsletter is also available on the website: www.harriestownha.org

EHRlich PEST CONTROL INSPECTIONS

Notices of inspections will be distributed.

**PLEASE BE ADVISED, IT WILL ALSO BE NOTED IF
YOU ARE
MAINTAINING YOUR APARTMENT IN A CLEAN,
SAFE AND SANITARY
CONDITION IN ACCORDANCE WITH YOUR LEASE.**

ARE YOU A VICTIM OF UNWANTED TELEMARKETING CALLS?

CALL THE NATIONAL DO NOT CALL REGISTRY

1-888-382-1222



**Do Not Call
Register**

**REMEMBER, YOU MUST CALL FROM YOUR
PHONE IN ORDER TO BE PLACED ON THE DO
NOT CALL REGISTRY LIST**





**The Harrietstown Housing Authority
has apartments for rent in the Lake Flower
High-rise and Algonquin Apartment Complex.**

**Additionally, we have a Housing Choice Voucher program
that may assist you with your monthly rent in the
community.**

**For additional information and to obtain an application
please contact us at 518-891-3050 or stop by the office at
14 Kiwassa Road, Saranac Lake.**

You may also go online at www.harrietstownha.org.

Have you had your Cancer Screenings this year?

Free Cancer Screenings Available:

Clinical Breast Exam

Pap Test

Mammogram

Colorectal (FIT) Test or Colonoscopy (depending on risk status)

Eligibility:

Women who are 40–64 years old without health insurance.

Men who are 50–64 years old without health insurance.

*If positive results are found, coverage for cancer treatment is
available to individuals who qualify.*

It's easy to enroll. Just give us a call.

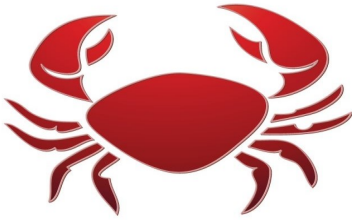
518-891-4471 ext. 3016

Franklin and Essex Counties

Cancer Services Program

Your partner for cancer screening, support and information



HOROSCOPES**CANCER**

June 22 - July 23

You and someone close may have to rethink long-term plans. Discuss other options to come up with an alternative.

Lucky Day: July 3.

**LEO**

July 24 - August 23

Make sure crucial messages, especially those relating to money are delivered with care.

Lucky Day: July 25.

www.harpersbazaar.com/horoscopes

JOKES

- 1) What was the most popular dance in 1776?
- 2) What kind of tea did the American colonists want?
- 3) What's red, white, black and blue?
- 4) What was General Washington's favorite tree?
- 5) How come there's no Knock Knock joke about America?
- 6) What happened as a result of the Stamp Act?
- 7) Who was the biggest jokester in George Washington's army?
- 8) Why were the first Americans like ants?
- 9) What do you get when you cross a dinosaur and fireworks?
- 10) What quacks, has webbed feet, and betrays his country?
- 11) Which colonists told the most jokes?
- 12) What protest by a group of dogs occurred in 1772?

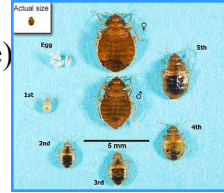
***Answers Can Be Found
On The Back Cover***

www.jokes4us.com

Bed Bug Information Center

Where should you look?

- Mattress (piping, sides, underside)
- Box spring (remove ticking)
- Bed frame
- Linens
- Furniture – seams, pleats, piping, joints
- Corners and drawers of desks, dressers, etc.
- Door, window, and baseboard trim
- Items on the floor



What should you look for?

- All life stages: eggs, nymphs, adults
- Skin casts
- Blood spots

How do you avoid them?

Carefully inspect all used furniture, linens, and clothing before bringing them into your home.

- Wash and dry clothes on hottest setting items can stand. Transport clothes in plastic bags. Do not put clean clothes in bags used to transport dirty clothes. Throw those away!
- Vacuum frequently.
- Remove clutter.

If possible, use a high powered flashlight when looking around your unit. If you find a bed bug, notify staff immediately. Staff and you will work together to prepare for any needed treatment. Don't delay. It's much easier to treat one or two than it is twenty or thirty. Again, successful eradication requires resident involvement and cooperation.

The sooner we know, the lower the cost to you.

JULY

S C N R I R P D M C H E I T Y
T V I L E A K A N A T U E A L
A H R T R D S K M D C Q D X I
R B O A O E W B Q N E E U W B
S W D T L I U H G J C B C S E
P E Q C D R R A I N E R R G R
A R N U G O D T E T I A P W T
N U N E J Z G D A I E B N P Y
G C R Z Y K N S M P S B K H L
L S C A M E R I C A N F L A G
E D Q W P C I N C I P Z V U R
D G U E S K R O W E R I F P E
Y U D O P Q X F R E E D O M A
X N V Z R T E D C N Q O S J K
I O Z A H P N H Q X O Y S W L

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|------------------|---------------|-----------|
| AMERICAN FLAG | BARBEQUE | FIREWORKS |
| FREEDOM | HAMBURGERS | HOT DOGS |
| INDEPENDENCE DAY | LIBERTY | PARADE |
| PATRIOTIC | PICNIC | PROUD |
| RED WHITE BLUE | STAR SPANGLED | UNCLE SAM |

HARRIETSTOWN HOUSING AUTHORITY



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Saranac Lake, NY 12983

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www.harrietstownha.org

Answers to: Jokes

- 1) Indepen-dance.
- 2) Liberty.
- 3) Uncle Sam falling down the stairs.
- 4) The infantry.
- 5) Because freedom rings.
- 6) The Americans licked the British!
- 7) Laughayette.
- 8) They lived in colonies.
- 9) Dino-mite.
- 10) Beneduck Arnold.
- 11) Punsylvanians!
- 12) The Boston Flea Party.

