



HEALTHY HAPPY ATTITUDES

Harrietstown Housing Authority

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www.harrietstownha.org

Sarah's News

It is with sadness that I share the news that Mary Lawthers, a caring and dedicated community volunteer, is leaving the Saranac Lake community.

Mary has been on the Harrietstown Housing Authority (HHA) Board of Commissioners for thirteen years. For more than her fair share of those years, she has generously and successfully served as the Board's Chair, ensuring the HHA and its meetings are run both effectively and efficiently. Mary is also a charter member of the HHA's non-profit affiliate, the Adirondack Housing Development Corporation (AHDC), and has served on its board for all of its six years.

In the years I've known Mary, she has been a steadfast and outspoken supporter of those in true need of assistance or a boost of confidence. Mary's passion is evident not only in her work at HHA and AHDC but also at the Church of St. Luke, the Beloved Physician, St. John's in the Wilderness, and the Ecumenical Council of Saranac Lake.

I've no doubt Mary's involvement in good works goes far beyond what I've written here; this is just a small piece of her legacy – a legacy that will long outlive all of us.

I also have no doubt that Mary will engage in numerous volunteer activities in her new community. Those citizens will quickly recognize their new treasure.

I will miss Mary's help and guidance, her energy, intelligence, bright smile and easy laugh. I wish her well in her new endeavors and hope to see her again – here, there, or somewhere in between.



Farewell

HHA BOARD OF COMMISSIONERS

Chairperson: Mary Lawthers
Allen Dunham
Steve Erman
Emily Fogarty
Eugene O'Dell
Dan Ruchkin
Kathleen Schneck

HHA OFFICE HOURS

9:00am- 11:30am
And 1:00pm—3:30pm

After hours
Emergency call
number **923-1082**

* **Harrietstown Housing Authority** *
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* EXECUTIVE DIRECTOR *
* Sarah A. Clarkin *
* HOUSING ASSISTANT *
* Debbie Zerrahn *
* SECTION 8 COORDINATOR *
* RESIDENT SERVICES COORDINATOR *
* Irene Snyder *
* FACILITIES MANAGER *
* David Siegrist *
* MAINTENANCE STAFF *
* Mike Fernandini *
* John Burns *
* ACCOUNT CLERK *
* Tammy Burdt *

TID BITS FROM DAVID SIEGRIST

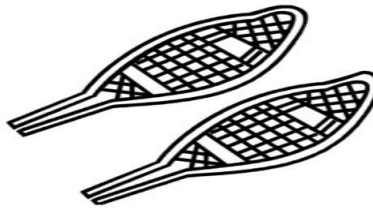
Just when you think it's safe to go outdoors because you see green grass, the temperature drops to 20 and there is a frost warning.

Understanding that the weather is very unpredictable and carrying a rain coat, snow shoes and bathing suit in your car at all times makes you an Adirondacker.

Never underestimate Mother Nature because she will bite you in the ... well you know ... the place.

Every year it's the same whether we like it or not.

Summer in the Adirondacks



RESIDENT NEWS AND ISSUES...By Debbie Zerrahn

Wow what strange weather we are getting. It snowed into May then became dry; but, we do have a few flowers blooming. If you are interested in a garden plot, get in touch with Irene Snyder at extension 105. Recertification for the family complex has been completed. Don't forget to pay your annual pet fee. And, if you haven't contacted National Grid already, you should to set up a budget plan. This will help with those big bills in the winter. Take pride in the place you live: help maintenance staff maintain the grounds. Keep your backyard clear so lawn mowing can be completed without problems. Look around for new neighbors. Say hello and make them feel welcomed.

June will be a busy month: Father's Day, high school graduation, SUMMER break for the little ones. Starting planning activities to keep everyone busy.

Congratulations to Brittany Burdt who recently graduated from NCCC with her nursing degree. She made the President's list three out of four times, graduating with honors and Phi Theta Kappa. Good luck with the State Exam. FYI, if you are not aware, Tammy Burdt has returned to school and has been taking night courses and on-line classes towards a Business Degree. Tammy finished the year with all A's. Nice job Tammy.

If there is anyone else that has something to tell us about... LET ME KNOW... I'd love to tell everyone about the smart hard working individuals we have in our Housing Authority.

Happy
Father's
Day



Get the Newsletter Via E-Mail!

We encourage those with access to e-mail to sign up for e-mail delivery of the monthly newsletter.

To sign up, send a quick e-mail to tburdt@harriestownha.org.

The Newsletter is also available on the website: www.harriestownha.org

THE TERMINIX INSPECTIONS ARE SCHEDULED FOR

Tuesday

June 2, 2015

7th Floor at the Lake Flower

High-rise and the

100, 200 and 300 buildings for the

Algonquin Apartment Complex.

PLEASE BE ADVISED, IT WILL ALSO BE NOTED IF YOU ARE

MAINTAINING YOUR APARTMENT IN A CLEAN, SAFE AND SANITARY

CONDITION IN ACCORDANCE WITH YOUR LEASE.

GAME NIGHT AT LAKE FLOWER APARTMENTS

Game night is now on Wednesday and Thursday evenings at Lake Flower Apartments.

Everyone gets together around 6:00 in the 2nd Floor Community Room. Be sure to join your neighbors for some fun.



June



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
Please pay your rent on time.						
7	8	9 WIC 9AM	10	11	12	13
14	15	16	17 HHA Annual Board Meeting 4:30PM	18	19	20
21 	22	23 WIC 9AM	24	25	26	27
28	29	30				
<p>RED: ALGONQUIN COMMUNITY ROOM</p> <p>PURPLE: L.F. COMMUNITY ROOM</p> <p>GREEN: L.F. BOARD ROOM</p>						



**The Harrietstown Housing Authority
has apartments for rent in the Lake Flower
High-rise and Algonquin Apartment Complex.**

**Additionally, we have a Housing Choice Voucher program that
may assist you with your monthly rent in the
community.**

**For additional information and to obtain an application please
contact us at 891-3050 or stop by the office at
14 Kiwassa Road, Saranac Lake.**

Have you had your Cancer Screenings this year?

Free Cancer Screenings Available:

Clinical Breast Exam

Pap Test

Mammogram

Colorectal (FIT) Test or Colonoscopy (depending on risk status)

Eligibility:

Women who are 40–64 years old without health insurance.

Men who are 50-64 years old without health insurance.

If positive results are found, coverage for cancer treatment is
available to individuals who qualify.

It's easy to enroll. Just give us a call.

891-4471 ext. 3016

Franklin and Essex Counties

Cancer Services Program

Your partner for cancer screening, support and information



CELEBRITY BIRTHDAYS

Morgan Freeman	06/01
Russell Brand	06/04
Angelina Jolie	06/04
Iggy Azalea	06/07
Tom Jones	06/07
Liam Neeson	06/07
Prince	06/07
Johnny Depp	06/09
Michael J. Fox	06/09
Sasha Obama	06/10
Chris Evans	06/11
Joe Montana	06/11
Tim Allen	06/13
Lucy Hale	06/14
Donald Trump	06/14
Courtney Cox	06/15
Neil Patrick Harris	06/15
Ice Cube	06/15
Paul McCartney	06/18
Blake Shelton	06/18
Zoe Saldana	06/19
Nicole Kidman	06/20
Prince William	06/21
Lana Del Rey	06/21
Meryl Streep	06/22
Randy Jackson	06/23
Ricky Gervais	06/25
Ariana Grande	06/26
John Elway	06/28
Kellie Pickler	06/28
Gary Busey	06/29
Michael Phelps	06/30
Mike Tyson	06/30

FATHER'S DAY

Four men are in the hospital waiting room because their wives are having babies. A nurse goes up to the first guy and says, Congratulations! You're the father of twins."

"That's odd," answers the man. "I work for the Minnesota Twins!"

A nurse says to the second guy, "Congratulations! You're the father of triplets!"

"That's weird," answers the second man. "I work for the 3M company!"

A nurse tells the third man, "Congratulations! You're the father of quadruplets!"

"That's strange," he answers. "I work for the Four Seasons hotel!"

The last man is groaning and banging his head against the wall. "What's wrong?" the others ask.

"I work for 7 Up!"

HAPPY FATHER'S DAY

(www.boyslife.org)

WORK ORDERS

Please remember to call the office at
891-3050 option 3
For a work order.
This is the only way to schedule your
maintenance needs.

IRENE'S THOUGHTS

June 2015

Mark your calendar—June 12, 2015 is Rusty's annual chicken barbeque. All residents and staff are welcome to join Rusty at noon in the second floor community room and enjoy some delicious chicken. If you would like to contribute a dish, please check with Rusty

I am sure there are more good neighbors than have been nominated lately—It's a great way to show your appreciation. Just write down why the person is being nominated, bring it to Irene, and he or she will receive a star on their door.



Bed Bug Information Center***Where should you look?***

- Mattress (piping, sides, underside)
- Box spring (remove ticking)
- Bed frame
- Linens
- Furniture – seams, pleats, piping, joints
- Corners and drawers of desks, dressers, etc.
- Door, window, and baseboard trim
- Items on the floor

***What should you look for?***

- All life stages: eggs, nymphs, adults
- Skin casts
- Blood spots

How do you avoid them?

Carefully inspect all used furniture, linens, and clothing before bringing them into your home.

- Wash and dry clothes on hottest setting items can stand. Transport clothes in plastic bags. Do not put clean clothes in bags used to transport dirty clothes. Throw those away!
- Vacuum frequently.
- Remove clutter.

If possible, use a high powered flashlight when looking around your unit. If you find a bed bug, notify staff immediately. Staff and you will work together to prepare for any needed treatment. Don't delay. It's much easier to treat one or two than it is twenty or thirty. Again, successful eradication requires resident involvement and cooperation.

The sooner we know, the lower the costs to you and the Housing Authority.

FATHER'S DAY JOKES

Teacher (on phone): You say Michael has a cold and can't come to school today? To whom am I speaking?

Voice: This is my father.

Son: For \$20, I'll be good.

Dad: Oh, yeah? When I was your age, I was good for nothing.

Pee Wee: What do you call your dad when he falls through the ice?

Westy: Beats me.

Pee Wee: A POPsicle!

Dad: How do you like fourth grade?

Son: It isn't much fun.

Dad: That's too bad. It was the best three years of my life!

Manny: How do you like the drum set you got for your birthday?

Theo: I love it!

Manny: Why?

Theo: Whenever I don't play it, my dad gives me 10 bucks!

Dan: I made a bad mistake today and gave my dad some soap flakes instead of corn flakes for breakfast.

Jan: Was he mad?

Dan: Yup. He was foaming at the mouth!

Dad: You'll never amount to anything because you procrastinate.

Son: Oh yeah? Just you wait!

Jacob: I have a lot of my dad's genes.

Dave: Really? I bet they don't fit.

Johnny's father: Let me see your report card.

Johnny: I don't have it.

Johnny's father: Why not?

Johnny: My friend just borrowed it. He wants to scare his parents.

Joe: What does your father do for a living?

Jon: He's a magician. He performs tricks, like sawing people in half.

Joe: Do you have any brothers or sisters?

Jon: Yep, four half-sisters and a half-brother.

HARRIETSTOWN HOUSING AUTHORITY



SARAH A. CLARKIN, EXECUTIVE DIRECTOR

14 Kiwassa Road
Saranac Lake, NY 12983

Phone: (518) 891-3050

Fax: (518) 891-3630

www.harrietstownha.org