



HEALTHY HAPPY ATTITUDES

Harrietstown Housing Authority

Volume 17 Issue 5
May 2017

www.harrietstownha.org

Sarah's News

The Housing Authority's mission, in part, is to provide its residents with clean, safe, and affordable housing in a non-discriminatory manner.

Efforts to deliver on this mission consistently over time include annual inspections. These inspections, required by the U.S. Department of Housing and Urban Development (HUD), cover five areas: sites, building exteriors, building systems, common areas, and units. Performed by an outside contractor to ensure unbiased results, the inspections focus on issues related to health and safety. Poor housekeeping is also noted.

This year's inspections are scheduled for **Thursday and Friday, May 18 and 19.**

For every inspection, the Housing Authority receives a score.

In addition to an annual inspection, in some years a second inspection is required. For these second inspections, HUD sends someone to do the inspection. These scores are reported to HUD and play a significant role in the Housing Authority's overall grade and eligibility for increasingly rare funding. (The Housing Authority is not subject to a second inspection this year.)

Please note that you, the tenant, have a responsibility to meet for these inspections. You can prevent score deductions by calling in work orders when you observe a problem. Examples of problems include a leaking faucet, a loose refrigerator seal, a malfunctioning door. You can also prevent score deductions by avoiding the creation of hazards. Keep on top of mold/mildew. Maintain access to upper floor windows. Route cords around the perimeter of a room (not across a hallway, a room, the steps).

In the coming weeks, you will receive a notice about the May 18 and 19 inspections. It's not too early to look around and call in work orders and address health and safety hazards.

As always, thank you for your contributions to everyone's quality of life.



HHA BOARD OF COMMISSIONERS

Chairperson: Emily Fogarty
Dave Bauer
Jim Connolly
Allen Dunham
Cecilia Meyer
Eugene O'Dell
Dan Ruchkin

HHA OFFICE HOURS

9:00am- 11:30am

And 1:00pm—3:30pm

After hours

Emergency call
number **923-1082**

* **Harrietstown Housing Authority** *
*
* EXECUTIVE DIRECTOR *
* Sarah A. Clarkin *
* HOUSING ASSISTANT *
* Debbie Zerrahn *
* HOUSING CHOICE VOUCHER SPECIALIST *
* RESIDENT SERVICES COORDINATOR *
* Irene Snyder *
* FACILITIES MANAGER *
* David Siegrist *
* MAINTENANCE STAFF *
* John Burns *
* Robert Mathers *
* ACCOUNT CLERK *
* Tammy Burdt *

TID BITS FROM DAVID SIEGRIST

After a long winter it's nice to see the warm sun again.

Maintenance is always busy preparing apartments for rental—the life blood of the housing authority.

No tenants, no money to stay in business.

Having seen a number of different apartments in our fair city, our apartments here at the housing authority are pretty darn good.

Even contractors that come thru our places for whatever reason, tell us that we turn out a good product.

We try to maintain a high standard, which can be difficult at times. There is only so much time in the day to make things ready.

As tenants, any help you can give the staff in keeping the grounds looking good is appreciated. Just picking up a little trash goes a long way.

These apartments are your home. Between tenants and staff, we can keep your homes safe, clean, and affordable.

Time to get outside, pick up trash, and enjoy the fine weather. See you out there.



RESIDENT NEWS AND ISSUES...By Debbie Zerrahn

Well, on April 12, 2017, I completed twenty-five years of service with the Harrietstown Housing Authority. Thank you to the staff for a nice surprise celebration. No, I am not retiring anytime soon.

The snow has finally melted; showers have resulted in some flowers blossoming. Unfortunately, it has also revealed trash that was under the snow. Please help the maintenance staff in picking up anything hanging around. It would be greatly appreciated by all, and makes your home look great.

Annual re-certifications are complete and maintenance is working hard on getting things spruced up around the buildings. We have a few opening at the Algonquin Complex and the Lake Flower high-rise. If you know someone looking for a clean, safe, and sanitary place to live, send them our way.

Mother's Day is May 14th. Do something special for your mom. Happy Mother's Day everyone

In just a few short months, school will be out for the summer. Start planning your summer activities for the little ones. Busy hands and feet keep little ones out of trouble. Remember to supervisor your child when they are outside.



Get the Newsletter Via E-Mail!

We encourage those with access to e-mail to sign up for e-mail delivery of the monthly newsletter.

To sign up, send a quick e-mail to
tburdt@harrietstownha.org.

The newsletter is also available on the website:
www.harrietstownha.org

EHRlich PEST CONTROL INSPECTIONS

Notices of inspections will be distributed.

PLEASE BE ADVISED, IT WILL ALSO BE NOTED IF YOU
ARE
MAINTAINING YOUR APARTMENT IN A CLEAN,
SAFE AND SANITARY
CONDITION IN ACCORDANCE WITH YOUR LEASE.

ARE YOU A VICTIM OF UNWANTED TELEMARKETING CALLS?

CALL THE NATIONAL DO NOT CALL REGISTRY

1-888-382-1222








**Do Not Call
Register**

**REMEMBER, YOU MUST CALL FROM YOUR
PHONE IN ORDER TO BE PLACED ON THE DO
NOT CALL REGISTRY LIST**



MAY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 	2 Please pay your rent on time.	3	4	5 	6
7	8	9 WIC 9AM	10	11	12	13
14 	15	16	17 HHA Board Meeting 4:30PM	18	19	20 
21	22	23 WIC 9AM	24	25	26	27
28	29  OFFICE CLOSED	30	31			
<div style="border: 1px solid black; padding: 10px; text-align: center;"> <p>RED: ALGONQUIN COMMUNITY ROOM</p> <p>PURPLE: L.F. COMMUNITY ROOM</p> <p>GREEN: L.F. BOARD ROOM</p> </div>						



**The Harrietstown Housing Authority
has apartments for rent in the Lake Flower
High-rise and Algonquin Apartment Complex.**

**Additionally, we have a Housing Choice Voucher program
that may assist you with your monthly rent in the
community.**

**For additional information and to obtain an application
please contact us at 891-3050 or stop by the office at
14 Kiwassa Road, Saranac Lake.**

You may also go online at www.harrietstownha.org.

Have you had your Cancer Screenings this year?

Free Cancer Screenings Available:

Clinical Breast Exam

Pap Test

Mammogram

Colorectal (FIT) Test or Colonoscopy (depending on risk status)

Eligibility:

Women who are 40–64 years old without health insurance.

Men who are 50–64 years old without health insurance.

If positive results are found, coverage for cancer treatment is
available to individuals who qualify.

It's easy to enroll. Just give us a call.

891-4471 ext. 3016

Franklin and Essex Counties

Cancer Services Program

Your partner for cancer screening, support and information



CELEBRITY BIRTHDAYS

Tim McGraw	05/01
Dwayne Johnson	05/02
Princess Charlotte	05/02
Frankie Valli	05/03
Adele	05/05
George Clooney	05/06
Enrique Iglesias	05/08
Billy Joel	05/09
Bono	05/10
Tony Hawk	05/12
Robert Pattinson	05/13
Stevie Wonder	05/13
George Lucas	05/14
Emmitt Smith	05/15
Pierce Brosnan	05/16
Derek Hough	05/17
Bob Saget	05/17
Tina Fey	05/18
George Strait	05/18
Sam Smith	05/19
Cher	05/20
Tony Stewart	05/20
Mr. T	05/21
Ginnifer Goodwin	05/22
Drew Carey	05/23
Jewel	05/23
Mike Meyers	05/25
Stevie Nicks	05/26
Hank Williams Jr.	05/26
Jep Robertson	05/28
CeeLo Green	05/30
Clint Eastwood	05/31
Brooke Shields	05/31

MONTHLY HOROSCOPE**Taurus****May 1st - May 20th**

The more you trust others; the more they will show you how trustworthy they can be. It's OK to release your control and strictness over situations. You are more uncomfortable with your life when you feel you must have constant control. Let go!

Gemini**May 21st - May 31st**

The care and responsibility of children are your top priorities right now. Learn to listen to your own "inner-child" and protect and serve its needs. You may think you are an adult, but at one time you were a child too and that "inner-child" still needs your attention. Take time to play and just have some fun! Forget that diet for now and go and get some ice cream, then you can take a walk and burn off the calories. Gather together your favorite playmates and plan something extra special for this month.

www.astrologyclub.org

WORK ORDERS

**Please remember to call the office at
891-3050 option 3
For a work order.
This is the only way to schedule your
maintenance needs.**

IRENE'S THOUGHTS

Spring is such a great time of year - there are all kinds of new colors popping up. It's a nice time to be outside without all the extra warm clothes. An article I read recently on Lifestylishly.com explained some of the benefits of even a short walk.

- * Helps to clear your head
- * Reduce stress
- * A 10 minute walk could burn 50 calories
- * Boosts your energy
- * Keeps your joints limber

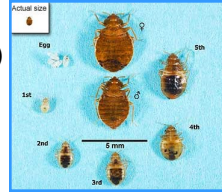
So let's get out and enjoy!



Bed Bug Information Center

Where should you look?

- Mattress (piping, sides, underside)
- Box spring (remove ticking)
- Bed frame
- Linens
- Furniture – seams, pleats, piping, joints
- Corners and drawers of desks, dressers, etc.
- Door, window, and baseboard trim
- Items on the floor



What should you look for?

- All life stages: eggs, nymphs, adults
- Skin casts
- Blood spots

How do you avoid them?

Carefully inspect all used furniture, linens, and clothing before bringing them into your home.

- Wash and dry clothes on hottest setting items can stand. Transport clothes in plastic bags. Do not put clean clothes in bags used to transport dirty clothes. Throw those away!
- Vacuum frequently.
- Remove clutter.

If possible, use a high powered flashlight when looking around your unit. If you find a bed bug, notify staff immediately. Staff and you will work together to prepare for any needed treatment. Don't delay. It's much easier to treat one or two than it is twenty or thirty. Again, successful eradication requires resident involvement and cooperation.

The sooner we know, the lower the cost to you.

MILITARY APPRECIATION MONTH

“How important it is for us to recognize and celebrate our heroes and she-roes!” ~Maya Angelou~

“Better to die fighting for freedom than be a prisoner all the days of your life.” ~Bob Marley~

“This nation will remain the land of the free only so long as it is the home of the brave.” ~Elmer Davis~

“There is nothing wrong with America that the faith, love of freedom, intelligence, and energy of her citizens can not cure.”
~Dwight David Eisenhower~

“Then join hand in hand, brave Americans all! By uniting we stand, by dividing we fall.” ~John Dickinson~

“What’s right about America is that although we have a mess of problems, we have great capacity—intellect and resources—to do something about them.” ~Henry Ford~

“Real security lies in the prevention of war—and today that hope can come only through adequate preparedness.”
~General Omar N. Bradley~

“Patriotism is supporting your country all the time, and your government when it deserves it.” ~Mark Twain~

“The cost of freedom is always high, but Americans have always paid it. And one path we shall never choose, and this is the path of surrender, or submission.” ~John F. Kennedy~

“No man is entitled to the blessings of freedom unless he be vigilant in its preservation.” ~General Douglas MacArthur~

THANK YOU FOR YOUR SERVICE

HARRIETSTOWN HOUSING AUTHORITY



SARAH A. CLARKIN, EXECUTIVE DIRECTOR

14 Kiwassa Road
Saranac Lake, NY 12983

Phone: (518) 891-3050

Fax: (518) 891-3630

www.harriestownha.org