



Harrietstown Housing Authority

A Place to Live is more than a Roof over your Head

Happy Healthy Attitudes

February 2022
Volume 22, Issue 2

SARAH'S NEWS

ECOLOGY

The study of the relationships between organisms and their environment. The word comes from the Greek *oikos*, which means household, home, or place to live.

While most of us only think of this word in relationship to the world outdoors, it also applies to the world indoors – our relationship with the place in which we live. At the Housing Authority, residents live in either a high-rise with eight-to-nine units on each floor or in a townhouse-style development with six-to-eight units per building. In both cases, how we treat our homes impacts others.

Two Examples:

1. Algonquin Apartments: a couple of weeks ago, the pipes in one unit froze and burst. The tenant, when last in the apartment, had turned the thermostats off. Not only did that unit experience severe water damage, the adjoining unit suffered damage as well.

The Takeaway

Think not only of yourself, but of others, too. The tenant in the adjoining unit was negatively impacted, greatly inconvenienced. Tip: Don't turn your thermostats off in winter; and, open lower kitchen cabinets when possible to increase the flow of warm air to the pipes.

2. Lake Flower Apartments: items are being left on hallway tables and, at times, in the first floor lobby/hallway. While the intent is good – someone may like the item – it is unsightly and has possible health implications.

The Takeaway

If you want to dispose of something, either dispose of it in the trash or ask Irene if she would like to hang onto it in the event someone may benefit from it. Staff and most residents do not want to encounter these things.

I hope everyone read the flyer about the Housing Authority's booster incentive. If you've received a COVID booster, bring proof of it to Irene and receive a gift card to the Owl's Nest! It's a double win for you: you've the best protection possible from COVID and you can get some free food!

Happy Winter Carnival!

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HHA BOARD OF COMMISSIONERS

Jim Connolly (Chair)
Allen Dunham (Vice Chair)
Christine Conover
Emily Fogarty
Eugene O'Dell
Dan Ruchkin
Chad Wilkes



TID BITS FROM DAVID SEGRIST

Venturing into the second part of winter at the housing authority.

Looking forward to a decent snow fall. These little dustings of late still are a tough job for the maintenance staff to handle.

While we all want to have fun in the snow, we need to remember to secure our winter toys after use. As snows continue to fall, sleds, snowboards, shovels, skis and the like get buried and are not readily visible. When the maintenance staff clears sidewalks and parking lots many times these items are met with less than an idyllic winter greeting.

The mechanized equipment used to clear areas can consume say a plastic sled and turn it into plastic confetti in the blink of an eye. We would also ask that while equipment is running that everyone stay away to prevent injury. While we do pay close attention to our surroundings we do encounter snow and vehicle related blindness.

Depending on conditions, sand will be spread on sidewalks and roadways for safety. Should you as a resident of the Algonquin Apartments need any additional sand/salt mix, please feel free to take some from the sand shed. Thanks for any help you can give us with the snow before we have a chance to clean it up.

Parking always becomes a challenge this time of year at both locations. Vehicles that are not within the relative boundaries of the parking area will be removed with the bobcat.

Please remember to take extra care with your animals during cold weather. A fur coat can only do so much. Their lives depend on YOU.

So stay safe and stay warm. Let it snow!

SUBMITTING WORK ORDERS

No work will be performed without a proper work order request

Call system 518 891 3050, Ext. 106 or Option 3
Email or Text request to hhaworkorder@gmail.com

LEAVE DETAILED MESSAGE, THAT INCLUDES:

- ◇ Name and apartment #
- ◇ Phone number/text-able cell phone number or email address for communication and scheduling
- ◇ Description of problem – attach photo if possible
- ◇ Are any pets in the apartment?
- ◇ Time slot preferred for work to be completed
 - ◇ 9:00am to 11:00 am,
 - or
 - ◇ 1:00 pm to 3:00 pm

Requests deemed emergency are not subject to 24-hour prior notice to enter apartments

IRENE'S THOUGHTS

Self Kindness Daily Checklist



HAVE I DRANK ENOUGH WATER TODAY?



HAVE I GOT UP AND MOVED MY BODY?



HAVE I BEEN OUTSIDE?



HAVE I TAKEN A MOMENT TO PAUSE AND BREATHE?



HAVE I EATEN THREE GOOD MEALS TODAY?



DID I GET ENOUGH SLEEP LAST NIGHT?



HAVE I LAUGHED OUT LOUD TODAY?



HOW LONG HAVE I SPENT ON MY PHONE?



HAVE I DONE SOMETHING TO MAKE SOMEONE ELSE FEEL GOOD?

martha brook
LONDON

INTERESTED IN HOUSING ASSISTANCE?

If you are not currently living in the Lake Flower high rise or Algonquin Apartments, and you are not currently participating in the Housing Choice Voucher program, don't be shy!

If you are interested in assistance, you should start the process of determining your eligibility. You can go onto our website to print out an application and either drop it off at the office or in the mail. you can also call us and have us mail you an application or stop by to pick up an application. See contact information on last page.

You must be at least 18 years old, and a United States citizen or a non-citizen who has eligible immigration status. Single persons are eligible, as well as households with or without children. HUD commonly refers to a household as a "family," so don't let that term confuse you. A "family" consists of one or more persons, and having children is not required to be considered



Joint Council for Economic Opportunity
of Clinton and Franklin Counties, Inc.

JCEO is dedicated to providing resources and services that enhance people's dignity and self-reliance. The following are just some resources JCEO offers:

- **Assistance with Emergency Services-** rental assistance, security deposit, utility shut-offs, etc.
- **Information and Referrals.**
- **BACK PACK PROGRAM/SUMMER CAMP SCHOLARSHIPS**
- **EMERGENCY FOOD PANTRY** for people who are in need of food for all Franklin County residents.
- **MEDICAL TRANSPORTATION** to and from medical appointments for Medicaid eligible enrollees.
- **WEATHERIZATION/ EMPOWER-** Application assistance.

Contact JCEO to learn more about the programs we offer:

Saranac Lake High School
79 Canaras Dr., Door 17
Saranac Lake, NY 12983
Telephone: (518) 897-1446
Email: tlsor@jceo.org

Office hours are Monday thru Friday 8:30 am – 3:00 pm



CLINTON COUNTY
54 Margaret Street | Richburg, NY 12901
Phone: 518-561-6310 | Fax: 518-562-2947
www.jceo.org



FRANKLIN COUNTY
17-19 Webster Street | Malone, NY 12953
Phone: 518-483-7022 | Fax: 518-483-3129
www.jceo.org



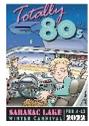
Action
PARTNERSHIP
Helping People. Changing Lives.
AMERICAN POVERTY FIGHTING NETWORK



February
is
Heart Disease Awareness Month

>> Go Red Because Your Heart Matters

FEBRUARY 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 	3	4 WINTER CARNIVAL BEGINS  	
6	7	8	9	10	11	12
13 WINTER CARNIVAL ENDS		15	16 HHA Meeting 4 pm via Zoom	17	18	19
20	WE WILL BE CLOSED ON PRESIDENTS DAY 	22	23	24	25	26
27	28			<p>RED: ALGONQUIN COMMUNITY ROOM PURPLE: L.F. COMMUNITY ROOM GREEN: L.F. BOARD ROOM</p>		



www.hiddenpicturepuzzles.com



RESIDENT NEWS AND ISSUES...By Tammy Burdt

The Saranac Lake Winter Carnival is upon us! This year we welcome the '80's. IPW is working diligently to finish the ice palace. These frigid temperatures are certainly helping with blocks of thick ice. Let us hope it warms up a little for the festivities! Remember to stay bundled up when venturing outside. Frostbite can set in relatively quick to exposed skin.

If you know of anyone looking for employment in the maintenance field, please send them our way. It has been 22 months without a second maintenance worker, despite all Sarah's attempts to fill the position. The description and application can be located on our website at www.harriestownha.org.

Lake Flower News: The new outdoor lift continues to cause concerns. The extremely cold temperatures are not helping. Otter Creek has visited the high-rise and measured the awnings for replacement. Maintenance continues to work the best they can to keep up with the walkways and driveways. Please be careful out there. There is a lot of ice underneath the snow. Remember to take it slow. The Lake Flower High-rise had one person move-in during the month of January.

Algonquin News: Please remember to keep your walkways clear of ice and snow and do not park in the fire lanes. Remind your children not to slide into the driveways and not to play hockey in the parking lot. Vehicles are getting damaged by 'flying pucks'. The basketball court and the area behind the 100-building look like good spots for playing hockey. Be very mindful when driving in and out of the parking lot when children are out playing. The Algonquin Apartments had one family move-out during the month of January.

Let us be kind out there. Everyone is going through a lot during this pandemic. Stay safe and warm!



Bed Bug Information

Where should you look?

- Mattress (piping, sides, underside)
- Box spring (remove ticking)
- Bed frame
- Linens
- Furniture – seams, pleats, piping, joints
- Corners and drawers of desks, dressers, etc.
- Door, window, and baseboard trim
- Items on the floor

What should you look for?

- All life stages: eggs, nymphs, adults
- Skin casts
- Blood spots

How do you avoid them?

Carefully inspect all used furniture, linens, and clothing before bringing them into your home.

- Wash and dry clothes on hottest setting items can stand. Transport clothes in plastic bags. Do not put clean clothes in bags used to transport dirty clothes. Throw those away!
 - Vacuum frequently.
 - Remove clutter.

If possible, use a high powered flashlight when looking around your unit. If you find a bed bug, notify staff immediately. Staff and you will work together to prepare for any needed treatment. Don't delay. It's much easier to treat one or two than it is twenty or thirty. Again, successful eradication requires resident involvement and cooperation.

The sooner we know, the lower the cost to you.



Our Mission

The mission of the Harrietstown Housing Authority is to provide public housing and tenant-based assistance program residents with clean, safe and affordable housing in a non-discriminatory manner.

The Harrietstown Housing Authority is committed to operating in an efficient, fiscally prudent, ethical and professional manner.

The HHA will encourage and monitor partnerships with appropriate community agencies in order to improve the quality of the resident's lives.

Our Staff

EXECUTIVE DIRECTOR

Sarah A. Clarkin

HOUSING ASSISTANT

Tammy Burdt

HOUSING CHOICE VOUCHER SPECIALIST RESIDENT SERVICES COORDINATOR

Irene Snyder

FACILITIES MANAGER

David Siegrist

MAINTENANCE STAFF

John Burns

Vacant

ACCOUNT CLERK

Kathy Scriver



Harrietstown Housing Authority

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Suite 1
Saranac Lake, NY 12983

Phone: 518-891-3050
Fax: 518-891-3630
www.harrietstownha.org

HHA Office Hours

9:00 a.m.-1:00 p.m.

**After Hours Emergency Call Number
(518) 923-1082**

Get the Newsletter Via E-Mail!

We encourage those with access to e-mail to sign up for e-mail delivery of the monthly newsletter. To sign up, send a quick e-mail to kscriv@harrietstownha.org.

The newsletter is also available on the website:
www.harrietstownha.org