



Happy Healthy Attitudes

January 2025
Volume 25, Issue 1

PATRICK'S NEWS

Welcome to 2025!

Happy New Year to all of our residents! I hope this year brings health, happiness, and a strong sense of community for everyone here at the Harrietstown Housing Authority. Let's work together to make 2025 a wonderful year for all.

I'm happy to announce that much-needed updates to our shared spaces, including the Lake Flower Community Room and Patio, are planned for this year. These improvements are designed to enhance the comfort, functionality, and aesthetics of these areas for all residents to enjoy.

Your input is invaluable to us! If you have ideas or suggestions for these updates or others, please don't hesitate to reach out. You can send your thoughts via email or drop a note at the office. We look forward to hearing from you!

As the colder months set in, I'd like to remind everyone that the Harrietstown Housing Authority is a smoke-free property. Even with the chilly temperatures, smoking is not permitted in individual units or any indoor areas. Please ensure you are adhering to this policy and stepping outside to designated areas if needed. Your cooperation helps maintain a clean, healthy, and safe environment for all residents.

Thank you for being a part of our community. Stay warm, stay safe, and let's make this a fantastic year together!

Warm regards,
Patrick

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HHA BOARD OF COMMISSIONERS

Rich Loeber (Chair)
Amy Oliveras (Vice Chair)
Carrie Bradley
Bryon Connolly
James Edmonds
Rachel Karp
David Michael

TID BITS FROM ERIK SCHUE

As the days grow shorter and the cold sets in, we understand that the winter season can be tough on many of us. Seasonal Affective Disorder (SAD) is real, and it's important to take steps to care for your mental health during these darker months. Here are a few tips to help lift your spirits:

1. **Maximize Natural Light:** Open your blinds during the day and let the sunshine in. If you're working from home or spending a lot of time indoors, consider using a light therapy box.
2. **Stay Active:** Even a short walk outside can boost your mood. If it's too cold, try a home workout routine or take the stairs instead of the elevator to keep your energy up.
3. **Create Cozy Spaces:** Turn your apartment into a haven. Soft lighting, warm blankets, and comforting aromas can create a peaceful environment to help you unwind.
4. **Stay Connected:** Winter can feel isolating, but reaching out to friends and neighbors—whether for a quick chat or a socially distanced coffee—can make a difference.

Remember: The maintenance team is here to ensure that your living space is comfortable and well-maintained during these months. If you need assistance with heating or anything else, don't hesitate to reach out. We're all in this together!

Stay warm and take care of yourselves.

SUBMITTING WORK ORDERS

No work will be performed without a proper work order request

Call system 518 891 3050, Ext. 106 or Option 3
Email or Text request to hhaworkorder@gmail.com

LEAVE DETAILED MESSAGE, THAT INCLUDES:

- ◇Name and apartment #
- ◇Phone number/text-able cell phone number or email address for communication and scheduling
- ◇Description of problem – attach photo if possible
- ◇Are any pets in the apartment?
- ◇Time slot preferred for work to be completed
 - ◇9:00am to 11:00 am, or
 - ◇1:00 pm to 3:00 pm

Requests deemed emergency are not subject to 24-hour prior notice to enter apartments

JANUARY 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>RED: ALGONQUIN COMMUNITY ROOM PURPLE: L.F. COMMUNITY ROOM GREEN: L.F. BOARD ROOM</p>				2	3	4
5	6	7	8	9	10	11
12	13	14 8-3 WIC Clinic	15 LHA Board Meeting 4pm	16	17	18
19	20 WE WILL BE CLOSED ON MLK DAY MARTIN LUTHER KING JR. DAY	21	22	23	24	25
26	27	28	29	30	31	

	4	7	8	9	
1					2
	2	1	6		
	7	5	1		
4	3	8	7	6	
	8	4	5		
	4	6	9		
8					7
	6	1	2	4	

Puzzle Time

- 👉 January 71313
- 👉 February 82382
- 👉 March 53113
- 👉 April 54203
- 👉 May 35113
- 👉 June 46203
- 👉 July 47113
- 👉 August 68313

⚡ Find the number for September = ? 😞 😞

RESIDENT NEWS AND ISSUES...By Tammy Burdt

Happy New Year! Here is to the beginning of 2025. I hope everyone's holidays were exciting and joyful! What are your New Year's resolutions? The Housing Authority is looking to fill a maintenance position. If you know of anyone looking for employment and possesses the needed skills, please have them contact the office or go online at www.harrietstownha.org to get an application.

The following are observances for the month of January: New Year's Day & Kwanzaa Ends 1st, National Trivia Day 4th, Earth's Rotation Day 8th, Law Enforcement Appreciation Day 9th, Full Moon (Wolf) 13th, Martin Luther King Jr. Day & Inauguration Day 20th, National Compliment Day 24th, National Chocolate Cake Day 27th, Lunar New Year (Year of the Snake) & National Puzzle Day 29th, Empire State Games January 30th – February 2nd, and Saranac Lake Winter Carnival Coronation 31st.

The office will be closing at 11:30 am on Tuesday, December 31, 2024, and all-day Wednesday January 1, 2025 in observance of the New Year Holiday. In addition, the office will be closed on Monday, January 20, 2025 in observance of Martin Luther King Jr. Day.

Lake Flower News: The Lake Flower Apartments have added additional cameras to the individual floors so that all apartment doors are now visible. The front door intercom system access panel is now up and running. Once again, the Housing Authority is sorry for any inconvenience this has caused. The Lake Flower Apartments had zero tenants move-out, and zero tenants move-in during the month of December. One tenant passed away. Our thoughts and prayers go out to their family.

Algonquin News: Remember to keep your walkways clear so that your guests, package carriers, and staff can gain access to your apartment safely. The Algonquin Apartments had zero tenant families move-out, and zero tenant families move-in during the month of December.

Reminder: Lake Flower Apartments and the Algonquin Apartments are non-smoking facilities. Smoking of any kind is not allowed in apartments, in yards, or anywhere on the property. This is a violation of the terms of the lease agreement.

Be responsible, respectful of others, and be kind! Stay safe everyone!!

HAPPY NEW YEAR

Bed Bug Information

Where should you look?

- Mattress (piping, sides, underside)
- Box spring (remove ticking)
- Bed frame
- Linens
- Furniture – seams, pleats, piping, joints
- Corners and drawers of desks, dressers, etc.
- Door, window, and baseboard trim
- Items on the floor

What should you look for?

- All life stages: eggs, nymphs, adults
- Skin casts
- Blood spots

How do you avoid them?

Carefully inspect all used furniture, linens, and clothing before bringing them into your home.

- Wash and dry clothes on hottest setting items can stand. Transport clothes in plastic bags. Do not put clean clothes in bags used to transport dirty clothes. Throw those away!
 - Vacuum frequently.
 - Remove clutter.

If possible, use a high powered flashlight when looking around your unit. If you find a bed bug, notify staff immediately. Staff and you will work together to prepare for any needed treatment. Don't delay. It's much easier to treat one or two than it is twenty or thirty. Again, successful eradication requires resident involvement and cooperation.

The sooner we know, the lower the cost to you.

If a tenant declines any regularly scheduled inspections and/or preventive treatments, the tenant is responsible for the full cost of any treatment of any subsequent infestation that occurs in the next six calendar months.

Our Mission

The mission of the Harrietstown Housing Authority is to provide public housing and tenant-based assistance program residents with clean, safe and affordable housing in a non-discriminatory manner.

The Harrietstown Housing Authority is committed to operating in an efficient, fiscally prudent, ethical and professional manner.

The HHA will encourage and monitor partnerships with appropriate community agencies in order to improve the quality of the resident's lives.

Our Staff

EXECUTIVE DIRECTOR

Patrick Murphy

HOUSING ASSISTANT

Tammy Burdt

HOUSING CHOICE VOUCHER SPECIALIST RESIDENT SERVICES COORDINATOR

Irene Snyder

FACILITIES MANAGER

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ACCOUNT CLERK

Kathy Scriver



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HHA Office Hours
9:00 a.m.-1:00 p.m.

Get the Newsletter Via E-Mail!

We encourage those with access to e-mail to sign up for e-mail delivery of the monthly newsletter. To sign up, send a quick e-mail to kscriver@harrietstownha.org.

The newsletter is also available on the website:
www.harrietstownha.org

After Hours
Emergency Call Number
(518) 619-0720