



HEALTHY HAPPY ATTITUDES

Harrietstown Housing Authority

Volume 19 Issue 11

www.harrietstownha.org

November 2019

Sarah's News

The Housing Authority Board of Commissioners, at its October 16 meeting, approved the Housing Authority's Five-Year Plan for years 2020-2024. It has been submitted to HUD for its approval. This document, which is available in the front office, sets forth goals and objectives and a five-year capital action plan for the Housing Authority.

The Lake Flower façade project is out for re-bid. As reported in the October newsletter, the total of low bids at the September 6 bid opening exceeded the \$1.9 million project budget. The project was modified and, it's hoped, the November 12 bid opening results are more in line with the project budget.

With the help of a National Grid incentive program, the Lake Flower high-rise will soon be outfitted with new LED lighting. Crews will be on-site in November to replace all lighting: in units, interior common areas, and exterior areas. This will save us time/money purchasing and replacing bulbs and reduce our electric bills. Residents, if you have not already received a notice with more detailed information, you will receive it soon.

The Housing Authority is a participating member of the Franklin-Essex Housing Coalition (FEHC), a non-profit entity dedicated to preventing, reducing and combatting homelessness. It's comprised of agencies, faith based organizations, and/or departments of government and individuals in Franklin and Essex Counties. Currently, the FEHC seeks individuals who have experienced homelessness in their lives to be part of the group. The perspective of people who have experienced homelessness is critical to informing the FEHC's work. **If you or someone you know has experienced homelessness and is interested in learning more, please let me know. I can provide more information.**

HHA BOARD OF COMMISSIONERS

Chairperson: Jim Connolly
Dave Bauer
Allen Dunham
Emily Fogarty
Agnes "Liz" Latour
Eugene O'Dell
Dan Ruchkin

HHA OFFICE HOURS

9:00am- 11:30am

And 1:00pm—3:30pm

After hours

Emergency call
number

518-923-1082

* **Harrietstown Housing Authority** *
*
* EXECUTIVE DIRECTOR *
* Sarah A. Clarkin *
* HOUSING ASSISTANT *
* Tammy Burdt *
* HOUSING CHOICE VOUCHER SPECIALIST *
* RESIDENT SERVICES COORDINATOR *
* Irene Snyder *
* FACILITIES MANAGER *
* David Siegrist *
* MAINTENANCE STAFF *
* John Burns *
* Robert Mathers *
* ACCOUNT CLERK *
* Vacant *

TID BITS FROM DAVID SIEGRIST

No major snow on the ground yet but it will be here soon. Once it arrives, all the winter activities will commence.

While we all want to have fun in the snow, we need to remember to secure our winter toys after use. As snows continue to fall, sleds, snowboards, shovels, skis, and the like get buried and are not readily visible.

When the maintenance staff clears sidewalks and lots, many times, these items are met with less than idyllic holiday greetings. The mechanized equipment used to clear areas can consume, say, a plastic sled and turn it into plastic confetti in the blink of an eye. We would also ask that, while equipment is running, everyone stay away to prevent injury. While we do pay close attention to our surroundings, we do encounter snow and vehicle related blindness.

Depending on conditions, salt and or sand will be spread on sidewalks and roadways for safety. Should you, as a resident of the Algonquin Apts., need any additional sand/salt mix, please feel free to take some from the sand shed.

Parking always becomes a challenge this time of year at both locations. Vehicles that are not within the relative boundaries of the parking area will be removed. R&L's impound fee is \$200 dollars cash. \$250 and up if you don't play nice.

Let's also remember our furry little friends. The cold weather can be hazardous to their health. Please keep them inside during the extreme weather and clean their outdoor areas often. It's much easier to dispose of their little presents when they are nice frozen treats.

Finally, please be cautious when setting up light displays in and around your apartments as the holidays get closer. Electricity can be dangerous, and excessive lights concentrated in one place are a fire hazard.

Let's all look forward to the winter weather.



RESIDENT NEWS AND ISSUES...By Tammy Burdt

Where did October go? This year is flying by. Although it was very wet, I hope everyone had a happy and safe Halloween.

A lot of happenings are going on in the Lake Flower apartments. New interior and exterior lighting is going to be installed. "The better to see you with my dear". In addition, we have some tenants relocating. We wish them well.

The Algonquin apartments are seeing some changes as well with one new tenant moving into the 100 building.

Reminder, December is fast approaching. Any outstanding balances and all rents need to be paid **in full** by **December 15th**. Any rents paid after the 5th will be assessed a late fee.

The Housing Authority wants to thank all our Veterans out there for their service and sacrifice for our country.

The office will be closed for Veteran's Day, Thanksgiving Day, and the day after. The staff would like to wish everyone a happy and safe Thanksgiving holiday.



WORK ORDERS

Please remember to call the office at

518-891-3050 option 3

For a work order.

**This is the only way to schedule your
maintenance needs.**

IRENE'S THOUGHTS

SAVE THE DATE:

THURSDAY DECEMBER 12, 2019

AT 12:00 NOON

THE ANNUAL LAKE FLOWER

HARVEST DINNER

Be sure to tell your new neighbors how
yummy it is!



Get the Newsletter Via E-Mail!

We encourage those with access to e-mail to sign up for e-mail delivery of the monthly newsletter. To sign up, send a quick e-mail to tburdt@harrietstownha.org. The newsletter is also available on the website: www.harrietstownha.org

EHRlich PEST CONTROL INSPECTIONS

Notices of inspections will be distributed.

PLEASE BE ADVISED, IT WILL ALSO BE NOTED IF
YOU ARE
MAINTAINING YOUR APARTMENT IN A CLEAN,
SAFE AND SANITARY
CONDITION IN ACCORDANCE WITH YOUR LEASE.

ARE YOU A VICTIM OF UNWANTED TELEMARKETING CALLS?

CALL THE NATIONAL DO NOT CALL REGISTRY

1-888-382-1222



**Do Not Call
Register**

REMEMBER, YOU MUST CALL FROM YOUR
PHONE IN ORDER TO BE PLACED ON THE DO
NOT CALL REGISTRY LIST

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
Please pay your rent on time.						
3 	4	5 	6	7	8	9
10  OFFICE CLOSED	11	12 Full Moon WIC 9AM	13	14	15	16
17	18	19	20 HHA Board Meeting 4:00PM	21	22	23
24	25	26 WIC 9AM	27	28  OFFICE CLOSED	29 OFFICE CLOSED	30
<div style="border: 1px solid black; padding: 5px;"> <p>RED: ALGONQUIN COMMUNITY ROOM</p> <p>PURPLE: L.F. COMMUNITY ROOM</p> <p>GREEN: L.F. BOARD ROOM</p> </div>						



**The Harrietstown Housing Authority
has apartments for rent in the Lake Flower
High-rise and Algonquin Apartment Complex.**

**Additionally, we have a Housing Choice Voucher program
that may assist you with your monthly rent in the
community.**

**For additional information and to obtain an application
please contact us at 518-891-3050 or stop by the office at
14 Kiwassa Road, Saranac Lake.**

You may also go online at www.harrietstownha.org.

Have you had your Cancer Screenings this year?

Free Cancer Screenings Available:

Clinical Breast Exam

Pap Test

Mammogram

Colorectal (FIT) Test or Colonoscopy (depending on risk status)

Eligibility:

Women who are 40–64 years old without health insurance.

Men who are 50–64 years old without health insurance.

*If positive results are found, coverage for cancer treatment is
available to individuals who qualify.*

It's easy to enroll. Just give us a call.

518-891-4471 ext. 3016

Franklin and Essex Counties

Cancer Services Program

Your partner for cancer screening, support and information



Horoscopes

SCORPIO

October 23 - November 21

Expect things to really heat up after the 11th as you become one with your passion. And when you're focused on your heart's desire, there's no one more focused, determined and relentless than you. Passion is your middle name and Mars in your sign, which only occurs every two years, just doubles the pleasure and doubles the fun.

SAGITTARIUS

November 22 - December 21

Wherever you need clarity and direction in your life, ask for answers in your dreams, especially around the New Moon in Scorpio on the 12th, because while the body sleeps the soul never does. And with Jupiter, your guardian angel planet now in Libra, the sign of teamwork and cooperation, people are coming out of nowhere to support you and your process.

www.yearly-horoscope.org

Jokes

Josh: Why did the farmer run a steamroller over his potato field on Thanksgiving Day?

Phil: Why?

Josh: He wanted to raise mashed potatoes.

A lady was picking through the frozen turkeys at the grocery store for Thanksgiving Day, but couldn't find one big enough for her family. She asked a stock boy, "Do these turkeys get any bigger?"

"No, ma'am. They're dead."

Josh: What do you get when you cross a turkey with a centipede?

David: Tell me.

Josh: Drumsticks for everyone on Thanksgiving Day!

Alex: Why did the farmer have to separate the chicken and the turkey?

Adam: Why?

Alex: He sensed fowl play.

Leighton: What sound does a limping turkey make?

Zach: I give up!

Leighton: "Wobble, wobble!"

Luke: What did the turkey say to the computer?

Will: What?

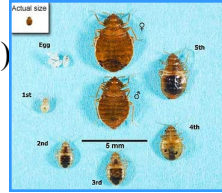
Luke: "Google, google, google."

www.boyslife.org

Bed Bug Information Center

Where should you look?

- Mattress (piping, sides, underside)
- Box spring (remove ticking)
- Bed frame
- Linens
- Furniture – seams, pleats, piping, joints
- Corners and drawers of desks, dressers, etc.
- Door, window, and baseboard trim
- Items on the floor



What should you look for?

- All life stages: eggs, nymphs, adults
- Skin casts
- Blood spots

How do you avoid them?

Carefully inspect all used furniture, linens, and clothing before bringing them into your home.

- Wash and dry clothes on hottest setting items can stand. Transport clothes in plastic bags. Do not put clean clothes in bags used to transport dirty clothes. Throw those away!
- Vacuum frequently.
- Remove clutter.

If possible, use a high powered flashlight when looking around your unit. If you find a bed bug, notify staff immediately. Staff and you will work together to prepare for any needed treatment. Don't delay. It's much easier to treat one or two than it is twenty or thirty. Again, successful eradication requires resident involvement and cooperation.

The sooner we know, the lower the cost to you.



X C M O G N H J N E E T S N B
W J O O T A I R O D B E C M A
U A U R R E Q K I C V H A U P
U R R V N U E G P A Y G R T P
D E E Z G U E K E M F T E U L
P S G U X Z C L A D U F C A E
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T H A N K S G I V I N G B L W
N M I R G L I P P H C S O C T

APPLE

AUTUMN

CHILLY

CORNUCOPIA

FALLING LEAVES

GOURD

HARVEST

INDIAN

MAIZE

PILGRIM

PUMPKIN

RAKE

SCARECROW

THANKSGIVING

TURKEY

HARRIETSTOWN HOUSING AUTHORITY



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