

HEALTHY HAPPY ATTITUDES

Harrietstown Housing Authority
www.harrietstownha.org

Volume 16 Issue 9
September 2016

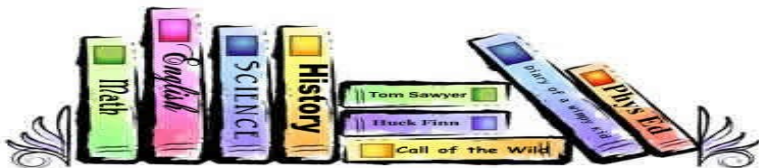
Sarah's News

In last month's newsletter article, I wrote the Lake Flower elevator modernization project would begin in August. Well, so much for that. With only two days of August remaining as I write this, an August start is highly unlikely. The elevator construction company has reported both delays in receiving parts/materials and receipt of wrong parts/materials. Let's think September! I think we're all anxious to get this project started.

Another project that is about to get underway is the repair/upgrade of the Lake Flower Apartments' intercom system. The anticipated start date is September 7. There will be changes in the system's operation – rest assured that all residents will be provided with instructions as needed.

As the summer draws to a close and autumn rolls in, please avoid having your windows open and heat on at the same time. It is a waste of energy and money, two things to use wisely. In the Lake Flower high rise, the Housing Authority pays the heating bill; in the Algonquin Apartments, the tenant pays the bill. I appreciate your attention to this.

I hope those of you who start school have a strong beginning. Education is so important and will serve you well for the rest of your life. Never hesitate to let a teacher know if you're unsure of something or need a little extra help – I know I never regretted it. What you invest in your studies and school-related activities will pay you back ... with dividends!



HHA BOARD OF COMMISSIONERS

Chairperson: Emily Fogarty
Dave Bauer
Jim Connolly
Allen Dunham
Cecilia Meyer
Eugene O'Dell
Dan Ruchkin

HHA OFFICE HOURS

9:00am- 11:30am

And 1:00pm—3:30pm

After hours

Emergency call
number **923-1082**



Harrietstown Housing Authority

EXECUTIVE DIRECTOR

Sarah A. Clarkin

HOUSING ASSISTANT

Debbie Zerrahn

HOUSING CHOICE VOUCHER SPECIALIST

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ACCOUNT CLERK

Tammy Burdt



TID BITS FROM DAVID SIEGRIST

As summer comes to an end, we look to the future and start preparing for the winter months.

If the animal life in my yard and miniaturized North 40 is any indication of things to come, it's going to be a long hard winter.

We do the usual checking of equipment and send out repairs that we cannot perform in house. We have an array of snow blowers, tractors, and a snow plow, which can pretty much handle anything that will come our way.

In know we don't really want to talk about winter this early, but things happen fast up here and we want to be ready.

We did get a few projects completed over the summer in between prepping apartments for rental.

The buildings at the Algonquin complex got power-washed and look pretty good.

Maintenance has been going around to individual apartments and reinforcing the back door screen so it's a little harder to have the screen pushed out. The industrial look is a desired design feature if you watch those home renovation shows.

Lake Flower apartments received some new dumpsters, which is always very exciting. Designer trash. Only \$4000!

The front entry apartment intercom system is being replaced just after Labor Day and should be an improvement over the old system.

We have decided to cancel the elevator upgrades at the high rise, but are putting in place new signs directing people to the stairs. A water station will also be available on the fifth floor.

Oh wait, I'm ahead of myself. April Fool's Day is in April, I think. I'm a little early for 2017. Anyway, we are anticipating the start of the elevator project very soon.

You know what? I think it is going to be a long hard winter.

Going UP? Fifth Floor water station please.



RESIDENT NEWS AND ISSUES...By Debbie Zerrahn

OMG.....where did the summer go? It was a great summer. Hope everyone was able to get outside and enjoy it.

Yes, the day all parents are excited for. September 6... the first day of school. ☺ :0 ;0 SWEET.

Good luck to all the children headed off to school. Reading, writing, arithmetic, recess, lunch, study hall, football, volleyball, and soccer — what more excitement can you want? So much fun to look forward to...study hard and play hard. A good education is the stepping stone to a great career, one you enjoy and find fulfilling. ☺

A note to ALL residents: Over the past few weeks, I have received a lot of complaints regarding children playing outside late into the night, making a lot of noise, and vandalizing property. Parents: remember, you are responsible for your children's behavior. If they damage property, you will be the one paying. School is back in session. Please be respectful and keep the outside noise after dark to a minimum. Most of all, SUPERVISE your children when they are outside playing.

Days to celebrate in September: September 5, Labor Day; Most important ---- September 6, first day of school ☺; September 22, first day of Autumn...summer officially over. ☹



Get the Newsletter Via E-Mail!

We encourage those with access to e-mail to sign up for e-mail delivery of the monthly newsletter.

To sign up, send a quick e-mail to
tburdt@harriestownha.org.

The Newsletter is also available on the website:
www.harriestownha.org

EHRlich PEST CONTROL INSPECTIONS

Notices of inspections will be distributed.

PLEASE BE ADVISED, IT WILL ALSO BE NOTED IF YOU
ARE
MAINTAINING YOUR APARTMENT IN A CLEAN,
SAFE AND SANITARY
CONDITION IN ACCORDANCE WITH YOUR LEASE.

GAME NIGHT AT LAKE FLOWER APARTMENTS

Game night is now on Wednesday and Thursday evenings at Lake Flower Apartments.

Everyone gets together around 6:00 in the 2nd Floor Community Room. Be sure to join your neighbors for some fun.

SEPTEMBER

BACK TO SCHOOL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
Please pay your rent on time.						
4	5 	6 	7	8	9	10
11	12	13 WIC 9AM	14	15	16	17
18	19	20	21 HHA Board Meeting 4:30PM	22 	23	24
25	26	27 WIC 9AM	28	29	30	
<div style="border: 1px solid black; padding: 10px; margin: 0 auto; width: 80%;"> <p><u>RED</u>: ALGONQUIN COMMUNITY ROOM</p> <p><u>PURPLE</u>: L.F. COMMUNITY ROOM</p> <p><u>GREEN</u>: L.F. BOARD ROOM</p> </div>						



**The Harrietstown Housing Authority
has apartments for rent in the Lake Flower
High-rise and Algonquin Apartment Complex.**

**Additionally, we have a Housing Choice Voucher program
that may assist you with your monthly rent in the
community.**

**For additional information and to obtain an application
please contact us at 891-3050 or stop by the office at
14 Kiwassa Road, Saranac Lake.**

You may also go online at www.harrietstownha.org.

Have you had your Cancer Screenings this year?

Free Cancer Screenings Available:

Clinical Breast Exam

Pap Test

Mammogram

Colorectal (FIT) Test or Colonoscopy (depending on risk status)

Eligibility:

Women who are 40–64 years old without health insurance.

Men who are 50-64 years old without health insurance.

If positive results are found, coverage for cancer treatment is
available to individuals who qualify.

It's easy to enroll. Just give us a call.

891-4471 ext. 3016

Franklin and Essex Counties

Cancer Services Program

Your partner for cancer screening, support and information



CELEBRITY BIRTHDAYS

Gloria Estefan	09/01
Mark Harmon	09/02
Shaun White	09/03
Beyonce Knowles	09/04
Michael Keaton	09/05
Roger Waters	09/06
Bernie Sanders	09/08
Hunter Hayes	09/09
Adam Sandler	09/09
Harry Connick, Jr.	09/11
Kelsea Ballerini	09/12
Jennifer Hudson	09/12
Niall Horan	09/13
Tommy Lee Jones	09/15
Prince Harry	09/15
Nick Jonas	09/16
Amy Poehler	09/16
Jimmy Fallon	09/19
Adam West	09/19
Sophia Loren	09/20
Stephen King	09/21
Bill Murray	09/21
Scott Baio	09/22
Joan Jett	09/22
Bruce Springsteen	09/23
Michael Douglas	09/25
Will Smith	09/25
Olivia Newton-John	09/26
Serena Williams	09/26
Gwyneth Paltrow	09/27
Hilary Duff	09/28
Kevin Durant	09/29
Angie Dickinson	09/30

SCHOOL SUPPLY LIST**DO YOU HAVE THE FOLLOWING?**

Backpack
 Agenda
 5-Subject Notebooks
 3-Subject Notebooks
 1-Subject Notebooks
 Composition Notebooks
 1" Binders
 1-1/2" Binders
 2" Binders
 3" Binders
 Lined Paper
 Folders
 Pocket Folders
 Dividers
 Index Cards
 Post-it Notes
 Calculator
 Mechanical Pencils
 Colored Pencils
 #2 Pencils
 Colored Markers
 Crayons
 Permanent Markers
 Blunt Scissors
 Pens
 Highlighters
 Glue Sticks
 Erasers

WORK ORDERS

**Please remember to call the office at
891-3050 option 3
For a work order.
This is the only way to schedule your
maintenance needs.**

IRENE'S THOUGHTS

September brings cooler weather and shorter days. It's a great time of year to get out for all those walks we missed because of the heat. Activities will be back in full swing after taking most of August off. If you have anything in mind for activities, let us know, we may be able to make it happen.

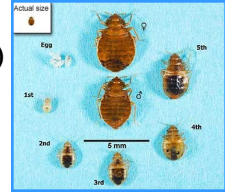


Don't let the world
change your smile.
Make your smile
change the world.

Bed Bug Information Center

Where should you look?

- Mattress (piping, sides, underside)
- Box spring (remove ticking)
- Bed frame
- Linens
- Furniture – seams, pleats, piping, joints
- Corners and drawers of desks, dressers, etc.
- Door, window, and baseboard trim
- Items on the floor



What should you look for?

- All life stages: eggs, nymphs, adults
- Skin casts
- Blood spots

How do you avoid them?

Carefully inspect all used furniture, linens, and clothing before bringing them into your home.

- Wash and dry clothes on hottest setting items can stand. Transport clothes in plastic bags. Do not put clean clothes in bags used to transport dirty clothes. Throw those away!
- Vacuum frequently.
- Remove clutter.

If possible, use a high powered flashlight when looking around your unit. If you find a bed bug, notify staff immediately. Staff and you will work together to prepare for any needed treatment. Don't delay. It's much easier to treat one or two than it is twenty or thirty. Again, successful eradication requires resident involvement and cooperation.

The sooner we know, the lower the cost to you.



BACK TO SCHOOL THOUGHTS...



Labor Day is a glorious holiday because your child will be going back to school the next day. It would have been called Independence Day, but that name was already taken. ~Bill Dodds

The whole purpose of education is to turn mirrors into windows. ~Sydney J. Harris

Education is not preparation for life; education is life itself. ~John Dewey

The object of education is to prepare the young to educate themselves throughout their lives. ~Robert Maynard Hutchins

I like a teacher who gives you something to take home to think about besides homework. ~Lily Tomlin as "Edith Ann"

Education is the movement from darkness to light. ~Allan Bloom

Much education today is monumentally ineffective. All too often we are giving young people cut flowers when we should be teaching them to grow their own plants. ~John W. Gardner

The larger the island of knowledge, the longer the shoreline of wonder. ~Ralph W. Sockman

What we want is to see the child in pursuit of knowledge, and not knowledge in pursuit of the child. ~George Bernard Shaw

Education is a better safeguard of liberty than a standing army. ~Edward Everett

Education's purpose is to replace an empty mind with an open one. ~Malcolm S. Forbes

Education is not filling a pail but the lighting of a fire. ~William Butler Yeats

The roots of education are bitter, but the fruit is sweet. ~Aristotle

HARRIETSTOWN HOUSING AUTHORITY



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