



## HEALTHY HAPPY ATTITUDES

Harrietstown Housing Authority

Volume 18 Issue 9

[www.harrietstownha.org](http://www.harrietstownha.org)

September 2018

### **Sarah's News**

At its June 20 meeting, the Harrietstown Housing Authority Board of Commissioners adopted an Emergency Preparedness Plan. Its purpose is to have a clear but detailed procedure to mitigate threats to residents, staff, property, and business operations in a manner that emphasizes safety, efficiency, and disciplined communication. The Plan, the product of a committee made up of Housing Authority staff and commissioners, included outreach to and input from a wide range of local, regional, state, and federal partners and experts. Research also included other housing authorities' plans.

The Plan is written for Housing Authority staff and includes:

- Details regarding the declaration of an emergency
- Direction and coordination in the event of an emergency
- Basic procedures
- Emergency- and location-specific procedures
- Safeguards to protect information
- Steps to ensure the continuity of critical business functions and fulfillment of obligations
- Requirements for training, tests, drills, and updates

Tenant Tip Sheets are being prepared and will be posted in all apartments. These list important steps to be taken in the event of a fire or other emergency.

While emergencies are rare, it is critical that staff and tenants know what to do if one occurs.

On another note, I hope everyone has enjoyed the summer. It's been hot, sunny, humid, and, at times, rainy. In other words, summer! I've noticed that leaves on some trees, trees that are stressed for one or another reason, have already started to turn color. With each passing day, the sun spends less time above our horizon. Happily, that will reverse in roughly four months! Even with less daylight, September is a beautiful month. Make the most of it.



## HHA BOARD OF COMMISSIONERS

Chairperson: Jim Connolly  
Dave Bauer  
Allen Dunham  
Emily Fogarty  
Agnes "Liz" Latour  
Eugene O'Dell  
Dan Ruchkin

## HHA OFFICE HOURS

9:00am- 11:30am

And 1:00pm—3:30pm

After hours

**Emergency** call  
number

**518-923-1082**

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\* **Harrietstown Housing Authority** \*  
\*  
\* EXECUTIVE DIRECTOR \*  
\* Sarah A. Clarkin \*  
\* HOUSING ASSISTANT \*  
\* Debbie Zerrahn \*  
\* HOUSING CHOICE VOUCHER SPECIALIST \*  
\* RESIDENT SERVICES COORDINATOR \*  
\* Irene Snyder \*  
\* FACILITIES MANAGER \*  
\* David Siegrist \*  
\* MAINTENANCE STAFF \*  
\* John Burns \*  
\* Robert Mathers \*  
\* ACCOUNT CLERK \*  
\* Tammy Burdt \*  
\*\*\*\*\*

## TID BITS FROM DAVID SIEGRIST

If you look around our fair city, you will notice many minions hard at work at various projects.

School building projects, road paving projects, downtown façade projects, and major Superfund cleanup projects.

So what about the projects' projects? That's us. The Harriestown Housing Authority. 87-1( Lake Flower Apartments) and 87-2 (Algonquin Apartments).

Well, we all remember the elevator project at 87-1. The final elusive piece to that puzzle is finally in place and hopefully is functioning. I'm not real sure why you need brakes on an elevator, but they're there so they're all good.

Most other projects at the projects are mainly behind the scenes at both 87-1 and 87-2.

Every apartment that the maintenance department must make ready is a project in one way shape or form.

Sometimes it's a relatively quick clean and go, but other times it's a major project.

Removing abandoned belongings, removing soiled carpets, patching holes in walls the size of a head or foot (wonder how those got there?), more patching, painting, new faucets, new this, new that, and the list goes on and on.

On top of that, the maintenance department must mow, plow, sweep, and generally maintain the project's grounds.

Add to that a bevy of work orders that appear, as if by magic, just to brighten one's day. Most not being, Magically Delicious.

Yes, it's their job, and they do it quite well without question.

So please, give your hard working maintenance person a pat on the back (or some cash, wait that's not allowed!), for managing to manage all facets of the projects' projects.

Just don't pat them too hard. Just hard enough to project your feelings.

Have a nice day.



**RESIDENT NEWS AND ISSUES...By Debbie Zerrahn**

THE MOST WONDERFUL DAY OF THE YEAR. That's right children, school starts again September 6. Hope everyone has a fantastic year. Parents, neighbors, and friends, be aware the children will be excited about going to school and not paying attention to on-coming vehicles. Drive with care. Watch for the little one running for the bus.

Heating season will start soon. Make sure your electric account is up to date. HEAP applications should be coming soon. Be on the lookout for them. Check your doors and windows. Do you need weather stripping? Submit a work order to get yours fixed if needed. Don't wait until last minute.

Check your back yard for items that might get buried under that ugly white stuff. Get rid of unwanted items and trash.

Along with September and the first day of school comes the changing of the leaves. Get your camera ready, it will happen soon. For those who have air conditioners in your windows at the high-rise, it's time to get them out. Cooler weather is on its way. Hoping for an Indian summer.

Have a great Labor Day celebration. See you in October.



## **WORK ORDERS**

**Please remember to call the office at**

**518-891-3050 option 3**

**For a work order.**

**This is the only way to schedule your  
maintenance needs.**

## IRENE'S THOUGHTS

Make it a  
*September*  
TO REMEMBER

My favorite time of year. The cooler air, fresh apples, and pretty colors all around. This is a great time to be out and about. There should be fewer humid days and it's before the real cold is upon us.

If you know a friend or family out in the Saranac Lake area who may be having a hard time paying their rent, they may qualify for the Housing Choice Voucher program. I would be happy to explain the program to anyone who is interested. Call 518-891-3050, ext. 105.



### **Get the Newsletter Via E-Mail!**

We encourage those with access to e-mail to sign up for e-mail delivery of the monthly newsletter. To sign up, send a quick e-mail to [tburdt@harrietstownha.org](mailto:tburdt@harrietstownha.org). The newsletter is also available on the website: [www.harrietstownha.org](http://www.harrietstownha.org)

### **EHRlich PEST CONTROL INSPECTIONS**

**Notices of inspections will be distributed.**

PLEASE BE ADVISED, IT WILL ALSO BE NOTED IF  
YOU ARE  
MAINTAINING YOUR APARTMENT IN A CLEAN,  
SAFE AND SANITARY  
CONDITION IN ACCORDANCE WITH YOUR LEASE.

### **ARE YOU A VICTIM OF UNWANTED TELEMARKETING CALLS?**

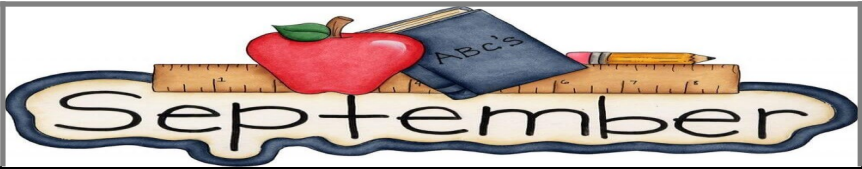
CALL THE NATIONAL DO NOT CALL REGISTRY

**1-888-382-1222**



**Do Not Call  
Register**

REMEMBER, YOU MUST CALL FROM YOUR  
PHONE IN ORDER TO BE PLACED ON THE DO  
NOT CALL REGISTRY LIST



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
<b>Please pay your rent on time.</b>						
2	3  Office Closed	4	5	6 	7	8
9 	10	11  WIC 9AM	12	13	14	15
16	17	18	19 HHA Board Meeting 4:00 PM	20	21	22
23 	24	25 Full Moon  WIC 9AM	26	27	28	29
30	<div> <u>RED:</u> ALGONQUIN COMMUNITY ROOM  <u>PURPLE:</u> L.F. COMMUNITY ROOM  <u>GREEN:</u> L.F. BOARD ROOM </div>					



**The Harrietstown Housing Authority  
has apartments for rent in the Lake Flower  
High-rise and Algonquin Apartment Complex.**

**Additionally, we have a Housing Choice Voucher program  
that may assist you with your monthly rent in the  
community.**

**For additional information and to obtain an application  
please contact us at 518-891-3050 or stop by the office at  
14 Kiwassa Road, Saranac Lake.**

**You may also go online at [www.harrietstownha.org](http://www.harrietstownha.org).**

***Have you had your Cancer Screenings this year?***

**Free Cancer Screenings Available:**

Clinical Breast Exam

Pap Test

Mammogram

Colorectal (FIT) Test or Colonoscopy (depending on risk status)

**Eligibility:**

*Women who are 40–64 years old without health insurance.*

*Men who are 50–64 years old without health insurance.*

*If positive results are found, coverage for cancer treatment is  
available to individuals who qualify.*

***It's easy to enroll. Just give us a call.***

***518-891-4471 ext. 3016***

**Franklin and Essex Counties**

**Cancer Services Program**

**Your partner for cancer screening, support and information**





**RIDDLES**

- 1) Mike is a butcher. He is 5'09" tall. What does he weigh?
- 2) You are a cyclist in a cross-country race. Just before crossing the finish line, you overtake the person in second place. What place did you finish in?
- 3) There are three houses. One's red, one's blue, and one's white. If the red house is to the left of the house in the middle, and the blue house is to the right to the house in the middle, where is the white house?
- 4) I do not have any special powers, but I can predict the score of any football game before it begins. How can I do this?
- 5) On my way to St. Ives, I met a man with seven wives. Each wife had seven sacks, each sack had seven cats, and each cat had seven kits. Kits, cats, sacks and wives. How many were going to St. Ives?

**\*\*\*Answers Can Be Found  
On The Back Cover\*\*\***

[www.thoughtcatalog.com](http://www.thoughtcatalog.com)

**JOKES**

- 1) Why did the cookie go to the hospital?
- 2) Why did Johnny throw the clock out of the window?
- 3) What did the policeman say to his belly button?
- 4) What do you call a fake noodle?
- 5) What did one toilet say to the other toilet?
- 6) What do lawyers wear to court?
- 7) Why is there a gate around cemeteries?
- 8) Why wouldn't the shrimp share his treasure?
- 9) What lights up a soccer stadium?
- 10) Why was the baby strawberry crying?
- 11) Why shouldn't you write with a broken pencil?
- 12) Why did the barber win the race?
- 13) What do you call cheese that isn't yours?
- 14) What do you call a sleeping bull?

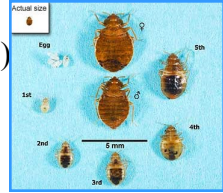
**\*\*\*Answers Can Be Found  
On The Back Cover\*\*\***

[www.quickfunnyjokes.com](http://www.quickfunnyjokes.com)

### Bed Bug Information Center

#### ***Where should you look?***

- Mattress (piping, sides, underside)
- Box spring (remove ticking)
- Bed frame
- Linens
- Furniture – seams, pleats, piping, joints
- Corners and drawers of desks, dressers, etc.
- Door, window, and baseboard trim
- Items on the floor



#### ***What should you look for?***

- All life stages: eggs, nymphs, adults
- Skin casts
- Blood spots

#### ***How do you avoid them?***

Carefully inspect all used furniture, linens, and clothing before bringing them into your home.

- Wash and dry clothes on hottest setting items can stand. Transport clothes in plastic bags. Do not put clean clothes in bags used to transport dirty clothes. Throw those away!
- Vacuum frequently.
- Remove clutter.

If possible, use a high powered flashlight when looking around your unit. If you find a bed bug, notify staff immediately. Staff and you will work together to prepare for any needed treatment. Don't delay. It's much easier to treat one or two than it is twenty or thirty. Again, successful eradication requires resident involvement and cooperation.

The sooner we know, the lower the cost to you.

DOUBLE PUZZLE

NOBTOEKO

CELSIPN

NEPS

RBEDNI

NEIXD CASDR

NOACYSR

10

LIHGETGHHRS

5

SDLEECUH

9

LOCERK

TOSP-TI NOTSE

-

7

KABCACPK

1

LURRE

ROSSISCS

6

LILEFR PARPE

12

REERASS

SAMREKR

4

LACLOUTARC

3

WETRA TOETBL

11

HUNCL GAB

8

12

56

712

NOTEBOOK, PENCILS, PENS, BINDER, INDEX CARDS, CRAYONS, HIGHLIGHTERS, SCHEDULE, LOCKER, POST-IT NOTES, BACKPACK, RULER, SCISSORS, FILLER PAPER, ERASERS, MARKERS, CALCULATOR, WATER BOTTLE, LUNCH BAG

## HARRIETSTOWN HOUSING AUTHORITY



**SARAH A. CLARKIN, EXECUTIVE DIRECTOR**

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Saranac Lake, NY 12983

Phone: (518) 891-3050

Fax: (518) 891-3630

[www.harrietstownha.org](http://www.harrietstownha.org)

### Answers to: Riddles

- 1) Meat.
- 2) Second. If you pass the person in second, you take second, and they take third.
- 3) In Washington, DC.
- 4) The score is always the same before the game: zero to zero!
- 5) One! Only I was going to St. Ives.



### Answers to: Jokes

- 1) Because he felt crummy!
- 2) Because he wanted to see time fly!
- 3) You're under a vest!
- 4) An impasta!
- 5) You look flushed!
- 6) Lawsuits!
- 7) Because people are dying to get in!
- 8) Because he was a little shellfish!
- 9) A soccer match!
- 10) Because his mom and dad were in a jam!
- 11) Because it's pointless!
- 12) Because he took a short cut!
- 13) Nacho Cheese!
- 14) A bulldozer!